

Housing and Interior Design (Spring) .50 Units

Students in 11, 12 grade selecting this course will learn more about space and design in housing. You will gain a foundation for management of housing information as it relates to each individual. You will identify and examine housing decisions and trends as well as the elements and principles of design. Personal needs, comfort, safety, energy needs and selection of appliances, furnishings and equipment are included in this course. There is no prerequisite other than an interest in housing and interior design.



Child Development I 10,11,12

Child Development II 11,12

This two year course will benefit students participating in a national certification program called CDA (Child Development Associate) and may become certified as CDA ready, which means that upon turning 18, graduating from high school and fulfilling the required number of hands-on hours in a child care facility they may take the national exam that will certify them as a Child Development Associate.



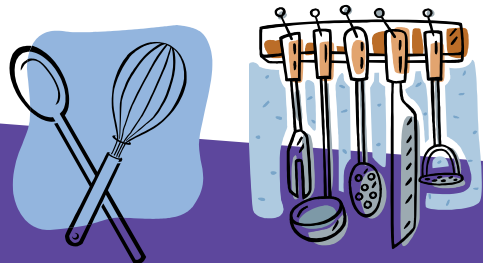
Bradford High School

Family and Consumer Science



Cooking 1 (Fall) *.50 units*

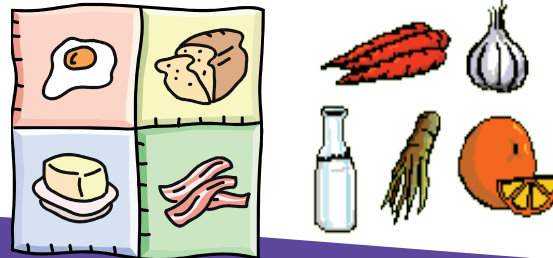
This is a course for 9,10,11,12 grade students who want to learn how to choose and prepare food for a healthy diet. Students participate in cooking labs that focus on the food groups of the Food Guide Pyramid. Kitchen safety, food safety and proper use of kitchen equipment are emphasized. When you are finished with cooking 1 you can go on to Cooking 2, but it depends on how you feel about Cooking 1.



Cooking 2 (Spring)

.50 units

This course is for 9,10,11,12 grade who want to learn about contemporary food issues through classroom experiences and cooking labs. Topics include heart-healthy diets, sports nutrition, weight control, vegetarian diets, cross-cultural cuisine, convenience foods, nutritious snacks, labor saving appliances, eating out nutritiously, and dining etiquette.



Independent Living *(Fall)*

.50 units

This one semester course is for 11, 12 grade students and it involves “living on your own” skills for the person who has a limited background in Family and Consumer Science. From choosing that first house or apartment to sewing on a button, Independent Living will give you the working knowledge necessary to solve those everyday problems of making it “on your own.”

