

District 10 Skills USA Competitive Events  
December 16, 2011  
Erie County Technical School

**Contest:** First Aid/CPR

**Performance:**

Contestants should be prepared to demonstrate their ability to perform procedures or take appropriate action based on CPR and first aid scenarios presented related to the following topic areas:

1. CPR, AED (Adult) and Choking for the adult, child and infant
2. Bleeding and Wound Care
3. Sprain and Strains
4. "Medical" Emergencies
5. Heart attack

Competitors will also be required to take a written exam pertaining to basic first aid and CPR skills and guidelines.

**Conditions:**

All necessary equipment, supplies and materials will be provided by the competition committee.

Contestants must provide their own CPR mask or face shield.

**Clothing:**

Skills UA uniform or class uniform if applicable (*no school names showing*).

**Scoring:**

See Rubric attached

**Contact Information:**

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