

Suggested Readings



Elementary (Pre-K to 4 grade)

- ❖ Nobody Knew What to Do: A Story About Bullying, by A. Whitman
- ❖ The King of the Playground, by P. R. Naylor
- ❖ The Recess Queen, by A. O'Neill
- ❖ How to Lose All Your Friends, by N. Carlson
- ❖ How to Be A Friend: A Guide to Making Friends and Keeping Them, by L. Brown
- ❖ Since We're Friends: An Autism Picture Book, by C. Shalley
- ❖ My Friend Isabelle, by E. Woloson
- ❖ Bully on the Bus, by C. Bosch
- ❖ Beany the Meany, by S. Wojciechowski
- ❖ Super Emma, by S. Warner
- ❖ Berenstain Bears and the Bully
- ❖ Chester the Raccoon and the Big Bad Bully, by A. Penn
- ❖ Say Something, by P. Moss
- ❖ Ally Opps, by J. Levy
- ❖ Just Kidding, by T. Ludwig
- ❖ Sorry, by T. Ludwig
- ❖ My Secret Bully, by T. Ludwig

Middle (5th grade to 8th grade)

- ❖ Stick Up for Yourself! Every Kids' Guide to Personal Power & Positive Self-Esteem, by G. Kaufman, L. Raphael, & P. Espeland
- ❖ Jake Drake Bully Buster, by A. Clements
- ❖ Friends, enemies, by R. Rushton
- ❖ Amelia's Guide to Gossip: The Good, the Bad, and the Ugly, by M. Moss
- ❖ Bubba & Giganto: Odds Against Us, by L. Schizas
- ❖ Jay McGraw's Life Strategies for Dealing with Bullies, by J. McGraw
- ❖ Cliques, Phonies, & Other Baloney, by T. Romain
- ❖ Bullies are a Pain in the Brain, by T. Romain
- ❖ Speak Up and Get Along: Learn the Mighty Might, Thought Crop, and More Tools to Make Friends, Stop Teasing, and Feel Good About Yourself, by S. Cooper
- ❖ How to Handle Bullies, Teasers, and Other Meanies, by K. C. Posey
- ❖ The Girls Book of Wisdom, by C. Dee & A. Douglas
- ❖ Taking the Bully by the Horns: Children's Version, by J. Carter & K. Noll

Suggested Readings



High School

- ❖ Letters to a Bullied Girl, by O. Gardner, E. Buder, & S. Buder
- ❖ The Kids Guide to Working Out Conflicts: How to Keep Cool, Stay Safe, & Get Along, by N. Drew
- ❖ Odd Girl Out: The Hidden Culture of Aggression in Girls, by R. Simmons
- ❖ Ophelia Speaks: Adolescent Girls Speak about Their Search for Self, by S. Shandler
- ❖ Coping with Cliques, by S. Sprague
- ❖ Sticks and Stones: Teens Write About Bullying, Published by Youth Communication

Parent/Adult/Teachers

- ❖ Girl Wars: 12 Strategies That Will End Female Bullying , by C. Dellasega & C. Nixon.
- ❖ Cyber-Safe Kids, Cyber-Savvy Teens: Helping Young People Learn to Use the Internet Safely & Responsibly, by N. Willard
- ❖ The Bully, the Bullied, and the Bystander-From Preschool to High School, by B. Coloroso
- ❖ Bullyproof your Child's Life, by J. Haber & J. Glatzer
- ❖ Odd Girl Out: The Hidden Culture of Aggression in Girls, by R. Simmons
- ❖ Surviving Ophelia: Mothers Share Their Wisdom of Navigating Tumultuous Teenage Years, C. Dellasega
- ❖ Reviving Ophelia: Saving Selves of Adolescent Girls, by M. Piper
- ❖ Easing the Teasing: Helping Your Child Cope with Naming-Calling, Ridicule, and Verbal Bullying, by J. Freedman
- ❖ Bullying Busting, by E. M. Field
- ❖ Bullies & Victims: Helping Your Child Through the Schoolyard Battlefield, by S. Fried
- ❖ 101 Ways to Teach Children Social Skills, by L. Shapiro
- ❖ The Parent's Book About Bullying-Changing the Course of Your Child's Life, by W. Voors
- ❖ Safe Schools Ambassadors: Harnessing Student Power to Stop Bullying and Violence, by R. Phillip & J. Linney