

OLWEUS PROGRAM

In 2005, the Bradford Area School District implemented the Olweus Bullying Prevention Program. This program is a school-based bullying prevention and reduction program. The program focus is to restructure the existing school environment to reduce opportunities and rewards for bullying behaviors.

Program Mission: to make our school a safe and positive place to learn.

Program Goal: to reduce and prevent bullying behaviors among students and to improve peer relationships.

CYBERBULLYING

Parents can help stop Cyberbullying. Start by talking to your child about the issue and teach them the rules below:

- Never give out personal information online.
- Never tell anyone but your parents your password, even friends.
- If someone sends a mean or threatening message, don't respond. Save it or print it out and show it to an adult.
- Never open emails from someone you don't know or from someone that you know is a bully.
- Do not put anything online that you would not want your classmates to see.
- Do not send messages when you are angry. Before clicking "send," ask yourself how you would feel if you received the message.

CONTACT INFORMATION:

Administrative Office: 362-3841

Sandra Romanowski – Superintendent – 2501
Katharine Pude – Asst. Superintendent - 2502
Sarah Schreiber – Psychologist – 2507
Candice Saquin – Psychologist - 2224

Bradford Area High School: 362-3845

Kenneth Coffman – Principal – 5024
David Ray – Asst. Principal – 5023
Gail Herrmann – Asst. Principal – 5331
Louise Boutwell – Guidance – 5317
Adria Paterniti – Guidance - 5315
Cory Placer – Guidance – 5319
Andrea Silverstrim – Guidance – 5317
School Resource Officer - 5348

Floyd C. Fretz Middle School: 362-3508

Tina Slaven – Principal – 2205
Dara Signor – Asst. Principal – 2204
David Emerson – Guidance – 2206

School Street Elementary: 368-3183

Sarah Tingley – Principal – 4617
Erin Waugaman – Asst. Principal – 4616
Julie Speaker – Guidance - 4614

G. G. Blaisdell Elementary: 362-6834

David Jones – Principal – 3112
Marianne Carrico – Asst. Principal – 3113
Melissa Olearchick – Guidance – 3117

**BRADFORD AREA
SCHOOL DISTRICT**

**BULLYING
PREVENTION
PROGRAM**



"It's cool to care!"

"Bullies Beware!"

DEFINITION

Bullying behavior is a single or repeated negative act (passive or aggressive) that is intentional and involves a real or perceived imbalance of power or strength. Bullying can take many forms; all of which are unwanted and have harmful effects. Bullying behaviors (direct or indirect) include three forms: physical, verbal or written, and emotional.

Physical – hitting, kicking, spitting, pushing, stealing and/or damaging personal belongings, sexual acts, and invasion of one's personal space in an aggressive manner.

Verbal/Written – taunting, malicious teasing, name calling, making threats, phone and internet, and sexual remarks.

Emotional – spreading rumors, manipulating social relationships or environment, engaging in social exclusion, extortion, ridiculing, and intimidating.

WARNING SIGNS

- Loses interest in school and/or grades drop.
- Seems afraid of going to school and/or attendance drops.
- Appears sad, depressed, anxious, and moody.
- Complaints of physical ailments, loss of appetite, and/or inability to sleep.
- Has unexplained cuts, bruises, and tears in clothing.
- Changes route to and from school.
- Has few friends with whom he/she spends time.



TIPS FOR PARENTS

If you suspect your child is being bullied, what can you do?

- ✓ Talk with your child, listen and be supportive.
- ✓ Do not contact the parents of the student who bullied your child.
- ✓ Keep a written record of bullying incidents (who, when, where, what/type of incident).
- ✓ Meet with your child's teacher, guidance counselor, and/or the principal for input, suggestions and interventions.
- ✓ Keep notes about your meetings.
- ✓ Plan a follow up meeting to discuss progress.
- ✓ Consider involving the police if another child has physically assaulted your child or is seriously threatening him or her with bodily injury.