



ADULT MENU 2011/2012

EVERYDAY CHOICES - \$3.00

Sandwiches

Turkey—Ham— Cheese—Egg Salad—Tuna Salad

Choice of: White or Wheat Bread OR White, Wheat, Tomato Basil, Spinach, Jalapeño, or Garlic Herb Wrap
Topped With: Lettuce, Tomato, and Onion.

**Sandwiches are accompanied with potato chips and your choice of cottage cheese or applesauce.

Plates and Salads

Cottage Cheese Plate—Cottage Cheese, Carrot & Celery Sticks, and your choice of Applesauce, Peaches, or Mixed Fruit

Tuna Salad Plate—Tuna Salad, Carrot & Celery Sticks, and your choice of Applesauce, Peaches, or Mixed Fruit

Egg Salad Plate—Egg Salad, Carrot & Celery Sticks, and your choice of Applesauce, Peaches, or Mixed Fruit

Fresh Fruit Plate—Sliced Seasonal Fruit, Carrot & Celery Sticks, and your choice of Applesauce, Peaches, or Mixed Fruit

Garden Salad—Lettuce, Tomato, Onion, Cucumbers, Shredded Cheese, Carrot & Celery Sticks, Croutons, and Bacon Bits

Julienne Salad—Lettuce, Tomato, Onion, Cucumbers, Shredded Cheese, Egg, Turkey, Ham, Croutons

Choice of: Ranch, Italian, or French Dressing

** Salads are accompanied with saltine crackers and your choice of applesauce, peaches, or mixed fruit

DAILY SPECIALS - \$3.00

MONDAY

Chicken Quesadilla with Diced Chicken and Shredded Cheese on a White Tortilla Shell
served with Nacho Chips, Salsa, and Sour Cream

TUESDAY

BLT Wrap with Mayo or Salad Dressing on your choice of White, Wheat, Tomato Basil, or
Garlic Herb Wrap served with Potato Chips and your choice of Cottage Cheese or Applesauce

WEDNESDAY

Personal Pan Pizza—Taco, Philly Cheese Steak, Buffalo Chicken Wing, or
personalize it with Pepperoni, Green Peppers, Onions, Black Olives, and/or Mushrooms

THURSDAY

Taco Salad on a bed of Lettuce with Tomatoes, Onions, Shredded Cheese
served with Nacho Chips, Salsa, and Sour Cream

FRIDAY

Fish Sandwich with Lettuce, Cheese, and Tartar Sauce
served with Potato Chips and your choice of Cottage Cheese or Applesauce

Orders must be placed BY 9 A.M. Sorry, no orders will be accepted after this time.

Soup will be offered from October thru April.